

MENTAL HEALTH AWARENESS TRAINING



This workshop, delivered by Mental Health Victoria, provides introductory information and skills training for volunteers who provide some services to people who have a mental illness. Content includes:

- Describing the major mental illnesses
- Current understandings of mental health and ill-health
- Identifying aspects of stigma and how this impacts on people's lives
- Identifying key parts of the mental health service system that can assist.

This training is ideal for volunteer Community Support Workers

Date:	Tuesday 31 st July 2018
Time:	10am – 2pm
Where:	The Multicultural Hub – 506 Elizabeth St Melbourne
Cost:	\$10 for volunteers from full member agencies \$40 for volunteers from associate member agencies
RSVP:	http://www.cisvic.org.au/training